

Are you OK?

**35,000 men a year
are diagnosed as having
PROSTATE CANCER.**

If your night is regularly interrupted by the need to wee,

If your day is disrupted by several toilet visits,

**If you feel the need to rush to the loo, but once there you find
difficulty in starting,**

If when you urinate the flow is weak, or just a dribble, or

If you still have more to come when you have stopped,

PLAY SAFE, CHECK IT OUT.

**Early Diagnosis of Prostate Cancer
is very important, it can save lives**

NOTE

(Even with these symptoms)

You may not have prostate cancer

**But when 10,000 men a year die from prostate cancer
through not getting diagnosed early enough.**

DON'T take the risk,

DON'T ignore the symptoms.

**SEE YOUR DOCTOR
CHECK IT OUT**

**Please help to raise awareness in others
See www.prostatecancercheckitout.me.uk for more information.**

The Story of Pat, Monty and Prostate Cancer

Pat started going out with Andy in 1990 without either of them suspecting prostate cancer was part of their relationship.

In 1993 Pat was pregnant when they both became aware that Andy had problems.

Andy went to the doctors and was told he had a possible hernia / groin strain.

On another occasion of illness he was told it was possibly cystitis.

Pat doubted this and told Andy to go back to the doctors.

It was December, Andy was 45 when the doctor gave him an inspection and referred him to a consultant.

In February 1994 Andy and Pat with their new baby were devastated when the consultant told Andy that he had prostate cancer and had six months to live. Once the hormone treatment took effect Andy survived for thirteen years. Andy as well as being a City Councillor became a spokesperson for the Prostate Cancer Charity, trying to assist others who had concerns or problems.

Sadly Andy died in November 2006

In 2000 Monty was diagnosed as having a hernia. This was repaired.

In 2002 similar symptoms returned. The doctors told Monty it was possibly the beginning of another hernia.

Monty was told to return to the doctors if the symptoms worsened.

The symptoms never got worse.

In 2004 a working colleague of Pat's died of prostate cancer.

Monty first met Pat when he filled the vacancy on the panel he had been working on.

In February 2007 Monty's wife died without warning.

A couple of weeks later when Monty returned to work after this shock, Pat noticed how much losing his wife had affected Monty and later Pat phoned Monty to offer her condolences.

Pat and Monty were both missing their partners but during their conversation they found they had similar interests and arranged to have a day out together. This led to them later going out dancing, walking and sight seeing.

In May 2007 Pat noticed Monty had similar symptoms to her deceased husband, Andy.

Monty told her that he had been told by a doctor in 2002 that it was a possible hernia.

This rang alarm bells with Pat who told Monty to get to the doctors and ask to be checked out specifically for prostate cancer.

Monty was in need of urgent treatment.

Monty had his prostate gland removed in September 2007

Monty is now free of cancer and looking forward to a long life with Pat

Monty and Pat use their story to bring awareness of prostate cancer to others and hopefully prevent someone else becoming another victim.

Monty and Pat are not medically qualified but if you would like to talk to them about their experiences with prostate cancer or your concerns, before, during or after diagnosis

Ring – 07811 556271 or e-mail - monty.cuthbert@ukonline.co.uk

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